



# Happy Trails

The Newsletter of the Long Island Cross-Country Ski Club



Club members and friends enjoyed lots of snow at Craftsbury Outdoor Center in Vermont, a trip organized by our president, Ronnie Levy. See more photos on pp. 2-4.

## *President's Message*

Hello Fellow Cross County Skiers,

The Cross Country Ski season is in full swing, though you wouldn't know it from looking out your window on Long Island. But a few hours' drive can provide the snow and tracks that we crave! Hopefully you have signed up for one of the away trips the club is offering this year. If not, we can all hope for that "big one" to come our way. Last year at this time, we had 16-22" of snow in the local area, so our fingers are crossed.

Unfortunately, we had to cancel the popular MLK weekend bus trip because we did not meet the minimum number required to run the trip.

The Craftsbury, VT, trip was a great success, however, and enjoyed by 23 club members. Our trip to the Glen House in NH is right around the

corner, followed by a Road Scholar trip to Garnet Hill, NY. I am ever hopeful to get in a ski at Lapland or Fahnestock, but of course something more local would be a huge plus.

We're hoping to see you at the next club meeting on February 16 at 7:00 pm, either at the Plainview-Old Bethpage library or via Zoom. I'm working on getting an interesting speaker. Look for the Zoom invite from Kim Schultze a few days before the meeting.

Meanwhile, stay active, healthy, happy and...

THINK SNOW!!!

Ronnie Levy  
President, LICCSC

## **UPCOMING MEETINGS**

**February 16 and March 16, 2023**



# LICCSC Skis at Craftsbury!

*by Ronnie Levy*



Twenty-three LICCSC members made their way up to the Northeast Kingdom on January 22–27 to enjoy a week at my favorite Cross Country Ski Center: Craftsbury Outdoor Center. Craftsbury did not disappoint. The weather cooperated by supplying us with more than adequate snow to ski all five days we were there, on tracked and groomed trails. Snowshoeing and skate skiing were also on the agenda for some of our members.

The food was delicious, healthy, fresh and plentiful. The accommodations were basic, but had everything you needed. Shared bathrooms have been improved with a private bathroom and locking door. We enjoyed a lavish Happy Hour each evening, organized by Kim Schultze.

The Nordic Center was very invested in keeping our group happy. Though we didn't have the structure of a Road Scholar program, many of us took ski lessons or tried out different types of equipment. We had an interesting lecture on the Sustainability Initiative at Craftsbury, followed by a tour of the heating facility. Many of us

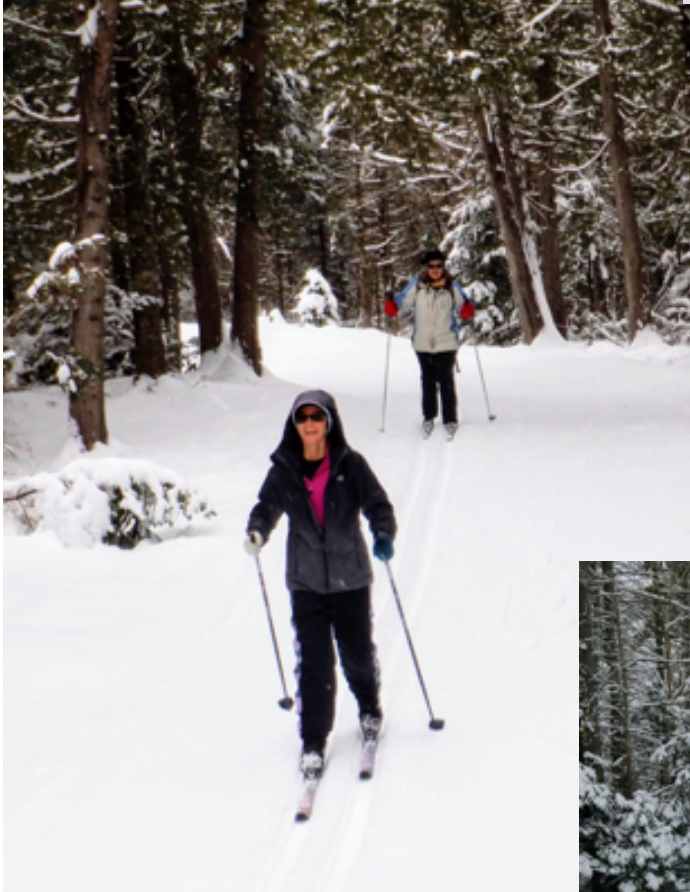
skied into "town" and were picked up by a Craftsbury van; some skied back on their own steam. Annika, one of the professional Nordic skiers, spoke to us one evening about her path to becoming a professional (she started skiing at 3, and had parents who were both competitive xc ski racers) and about her involvement as a member of the Green Racing Project. It was quite impressive.

Helen Horton allowed each person pick one of her hand-crocheted scarves to match an outfit. It was very generous and kicked up our fashion statements a notch or two.

I've made a commitment to run this trip again next year, on January 21–26, 2024. Craftsbury is taking reservations now for those dates; if you are interested, call them at 802-586-7767. We are registering individually, not as a group. Once you have registered, let me know and I'll keep a list going.

Skiing at Craftsbury is a very unique and special experience. I hope many will plan on going next year.





*Scenes from Craftsbury*





Scene from the juniors race

Note from Kim Schultze:



Photos on pp. 2–4 by Kristi Halpern, Rich Mardosa, Gerry Regan, and Kim Schultze

The January 22–27 club ski trip to Craftsbury Outdoor Center in Vermont was wonderful and well attended. We were very fortunate to get new snow from the first morning through the day we left. Great snow and great food shared with a great group of people. A great time was had by all! Thanks again, Ronnie, for organizing it. Just so you all know, our president Ronnie Levy went above and beyond in her organizing efforts: she also organized group ski lessons, a talk for the group from one of the racers there in the Green Racing Project, and she also coordinated a bag lunch on the last day for whomever wanted it.

The collection of photos I was able to gather from multiple sources is available for view on our website: <https://liccsc.org/category/photos/> and also on the club Facebook page: <https://www.facebook.com/media/set/?set=a.643779294416088&type=3>

(Some photos appear here as well —Ed.).

## A Useful Website



Ken Wong, the former editor of *Happy Trails*, let us know about a new website dedicated to the northeast cross-country skiing areas and conditions. It maintained by a NY/NJ AMC (Appalachian Mountain Club) cross-country ski member:

### [Ski the Northeast!](#)

On that website you will find links to [Ski Gear Info](#), [Hiking Club Ski Outings](#), and [Places to Ski](#). On the "outings" link, I found out about a cross-country ski trip organized by the AMC being held in Vermont over President's weekend in mid-February. The inn where the AMC is staying is full, but I managed to grab a spot and will report back on my experience! We'll be visiting Rickert and Mountain Top ski centers.

## *Club Trip to New Hampshire, February 5-10, 2023*



The **Glen House** is located on the grounds of the Great Glen Ski Area and features an indoor, heated, saltwater pool and full-service restaurant. The Glen House will be a comfortable alternative to the Eagle Mountain House and the location allows us to ski at the same familiar areas. A block of rooms will be held for us until January 6.

**Rooms:** We have a choice of rooms with either one or two queen beds. The rate is \$150.82 including tax,

regardless of how many people use the room, up to a limit of 4 people in a 2-bed room. The rooms have mini-fridges. Our block of rooms will be held until January 6.

**Meals:** We can eat breakfast in the hotel restaurant and order from the regular menu. There is a nice variety of choices and a wide price range. The hotel restaurant has a dinner menu and a less expensive bar menu. Days and times of service vary between the two, but we will be able to have dinner in the hotel every night.

**Reservations:** Call 1-603-466-3420. Be sure to identify yourself as a member of the Long Island Cross Country Ski Club. A one-night deposit is required. If you are sharing a room, one person should make the reservation for both of you and provide your roommate's name. After your reservation, email Lyn at [cal19@cornell.edu](mailto:cal19@cornell.edu) to let her know your are participating.

**Cancellations:** If you cancel up to 48 hours before the arrival date you will be charged \$30; any later than that you will lose your first night deposit.

**Skiing:** Great Glen: ski right out the door; Jackson: 15-minute drive; Bear Notch: 28 minutes; Bretton Woods: 50 minutes

**Snowshoeing & Hiking:** All the ski areas have snowshoe trails but hiking is not generally permitted on them. Trail fees are the same as for skiing.

White Mountain National Forest trails permit both snowshoeing and hiking. There is no trail fee, but a day-use pass must be displayed on your car and can be purchased on-line for \$5 at <https://www.recreation.gov/sitepass/74457>

There are several other trails in the area where you can snowshoe or hike for free. Lyn will have information to share. Bring warm, sturdy hiking boots and spikes.

**Meeting room:** We will have use of a room where we can meet and socialize but we are not permitted to bring in any of our own food or drinks.





*Cross-Country Skiing with Road Scholar  
at Garnet Hill Lodge, North River, NY  
February 27–March 3, 2023*

Road Scholar is running several trips to cross-country ski at Garnet Hill Lodge in North River, NY. The club has been to Garnet Hill before, and it is a stellar place to ski. There are several dates, but club members have signed up for the Feb 27–March 3 trip. The program number is 23189HGZ. The trip price includes 5 nights of lodging and 6 days of skiing, as well as 14 meals. Included in the cost will be xc skiing with instruction at various levels for small groups, a nighttime snowshoe trek, yoga, outdoor survival lessons, and "other activities." This trip is similar to the Craftsbury trips many of us have gone on in the past.

The cost is \$1399 per person in a double and \$1689 for a single person, in a standard room. There are additional costs for choice of a room with a balcony and if you are adding an airport shuttle.

If interested, please call Road Scholar and see if you can get on the waiting list.

If you say you were referred by me, you can request a Road Scholar brochure and be entered into a \$500 sweepstakes. Their phone numbers are 800-454-5768 and 877-426-8056.

We currently have 7 people signed up. If you are going and wish to carpool, I will be happy to try and help connect people.

Ellie Perlman ([eleonorperlmanlcs@gmail.com](mailto:eleonorperlmanlcs@gmail.com); 631-807-5317)

## Message from your Membership Chairperson

**LICCSC Current Members: 114**

**New Members so far this season: 9**

**I would like to ask all current members to help us grow. Invite others you know to join LICCSC. Equally important is to make sure we all welcome new members and encourage them to feel included in all club activities.** If you see someone you don't know at a meeting or at a XC ski event – go up and introduce yourself. They would probably like to meet you as much as you would like to meet them. Please remember to include/invite new members to ski when we have local snow or to include them on XC trips or in carpooling, etc. If we cannot attract and retain new members we will not survive as a club. I am passionate about this club and I suspect you are as well. Help me to attract and welcome new people to this great club. Invite them to come play in the snow with us!

**The annual membership list with contact info was sent out to all members via email on January 16. If you did not receive it or need a new copy, please let me know.**

Also, we are currently experiencing a problem with the online membership function on our website. This only affects new members – not automatic renewals. We have someone working on the problem and hope it will be fixed soon.

*Come play in the snow with us!*

Kim Schultze, Membership Chairperson  
631-897-1001

## Club Officers

Co-President	Ronnie Levy	631-455-4251	President@liccsc.org
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