



Happy Trails

The Newsletter of the Long Island Cross-Country Ski Club



This is a ski club newsletter! Where are the skis? My answer: On the bottom of the sleigh! (photo by Helen Horton). See story on p. 3. —The Editor

Nomination for LICCSC Treasurer

On behalf of the LICCSC Nominating Committee, we are nominating **Fay Wong** as candidate for LICCSC Treasurer. Elections will be held at the March meeting so please attend the meeting to vote. At the March meeting any new nominations can also be made from the floor prior to elections.

—from the LICCSC Nominating Committee: Kim Schultze, Anita Risener, Carol MacBride

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Co-Presidents' Message

Hello Fellow Cross Country Skiers,

As the vernal equinox (March 20) approaches, heralding the beginning of spring, continue to “Think Snow” in hopes of getting some local or nearby skiing in before putting our equipment away for the season. We do hope everyone got out to enjoy what snow we did have this winter. It was sparse on Long Island (and the East Coast) but there were a few decent opportunities.

Stay tuned for details on the LICCSC's annual gathering, held during the spring. This is a great opportunity to reconnect with ski buddies, relax, and enjoy each other's company. We encourage you to attend. It's a fun gathering that has been on hold for two years due to the pandemic.

This is the final newsletter of the season. Keep your eyes open for non-skiing activities announced via the LICCSC Google Group emails. Consider inviting club members to join you in one of your off-season adventures: hiking, biking, kayaking, etc.

As always, stay active, healthy and safe. Think snow!

Ronnie Levy and Bruce Redlien

Future club meeting:
Thursday March 17 (Zoom)





Our Club's Trip to Jackson, NH

by Anita Risener

On February 6–11 a small group from LICCSC met up in Jackson, NH, with an even smaller group from the Vermont ski club, but everyone seemed to have a good time and we were all happy for the one trip that actually launched during these COVID hard times! We are all grateful to Lyn Letteri and her sidekick Charlie Elioseff for being such great trip leaders. Lyn brought her patience and expertise at deciphering the weather conditions at three or four different locations (on one occasion it was raining at one place and snowing at another!) and Charlie brought his sense of humor, keeping us all on our toes. Lyn called it correctly each day as to where we should ski for the best conditions of the day.

Our club skiers included Lyn & Charlie, me, Lisa Romanacce, Regina Giglio, Janet Stone, Dolores Schmidt, Judy & Ed Kislik, and Helen Horton. Gerry Regan & Mary Grady came for a few days. Dennis Gieser joined us for a day of skiing at Bretton Woods. Despite the warm weather (great for bike riding, not so much for skiing), and a



half day of rain, we had very good conditions on a couple of days, and manageable on the others. Some folks went snow shoeing.



Dolores Schmitt

Snowy day at Great Glen

Judy Kislik

(Continued on p. 3)



Helen Horton



Sleigh Riding at Jackson

by Helen Horton

Four of us (myself, Dolores Schmitt, Judy and Ed Kislik) reserved a sleigh ride at Nestlenook Farms near the Eagle Mountain House in Jackson, NH.

Huge draft horses, Percheron and Belgian, pull the sleighs easily on a specific trail through the woods and over the ice skating pond on a bridge with beautiful views. It was almost a full moon, clear sky, with lights along the trails. A true winter wonderland. All future trips to Jackson should include this sleigh ride!

It was great to be off Long Island, with other people, and skiing on groomed trails! We skied at Jackson Center a couple of days, Bretton Woods one day, and Great Glen another. The variety made it interesting and fun. The ski areas offered stunning scenery of the beautiful snow-capped mountains and snowy forests along with some open fields and lakes. Skiing at Jackson center meant we could ski right out of the hotel, although one day we drove a short distance to avoid a huge mountain climb.

The EMH is a huge, four-storied hotel with an ancient elevator that has two doors that need to be opened. While necessary to carry up our luggage, it was troublesome when just running up and down to our rooms. Even with “first-floor” rooms we had to climb a flight of stairs, as the lobby, bar, and dining rooms were on a lower floor. My room in the 300s was up three flights of stairs, and of course after skiing all day, it was challenging to make this climb without my legs screaming at me!

The hotel did not have many guests. We utilized the sparsely used dining room for breakfasts, and our own dining room with two tables and later one table for dinners. In the evenings, we had our usual Rummy Cube groups; others caught some of the 2022 Olympics, either in the bar or in their rooms.

I would recommend this trip to all next year!



Bretton Woods (photo by Lisa Romanacce)



Trip to Vermont with Miramar Ski Club

by Ronnie Levy

When LICCSC member Pat McGillicuddy announced that LICCSC members would be welcome on the Miramar Ski Club trip to Waitsfield, VT, over President's Day weekend, I thought that this will be something new and different to try, since there wasn't much local snow. I was pleasantly surprised. The Miramar Ski Club is a very diverse group of folks, mostly from Manhattan and New Jersey. The age range on this trip ran from a 22-year-old learning to ski all the way to a veteran 92-year-old woman, still downhill skiing, and in amazing shape. The group was welcoming and a lot of fun.

Included in the price of the trip was bus transportation, breakfast and dinner prepared by a chef, daily happy hour with open bar and snacks, and accommodations in the club's unique lodge. Originally the building was a grist mill, apparently purchased in the 1950s by three men who developed and expanded it

Left to right: Diane (Miramar), Regina Giglio, Christine Billello, Roanne Kulakoff, and Pat McGillicuddy; Ronnie and Regina.

into a four-season residence, able to house approximately 50 people. Downhill skiers (most of the group) went to Sugarbush, Stowe, and Killington, while cross-country skiers (there were six from LICCSC and a few from Miramar) went to Mount Mansfield and Mountain Top Resort. Conditions were decent at both places. This would be a great trip for folks who both downhill and cross-country ski.

The two trip leaders kept the group moving and on time, which was pretty impressive, all things considered. You were asked to volunteer for chores, like bartending, emptying trash, keeping the fire going, morning wake up, and so on. Everyone pitched in. Regina even got a few new enthusiastic Rummy Cube players.

Miramar Ski Club has activities all year long. Contact Pat McGillicuddy (mctrish2011@gmail.com) for more info.

Not sure if he wants to share, but the bar's open!



Skiing the Dolomites

by Kristi Halpern

After months and months of feeling deprived by COVID I was very eager for a ski trip. Through a company called Responsible Travel, I found Exodus Travels. In November 2021 I committed to a cross country ski trip to the Dolomites.

I highly recommend looking into either website if you have a desire to ski around the world. Exodus Travel offers guided ski trips designed for your level. I chose a grade 3-4 week and was not disappointed. Dobbiaco, Italy, is at 1200 meters altitude in the heart of the Dolomites. It is a unique blend of Italian and Austrian culture, and everything is bilingual in German and Italian.



Outside Fiammes, Italy, we skied through former railway tunnels hand hewn before World War II.

We stayed in one hotel with two meals daily and daily guided skiing. Our guide, Michele, from Vincenzo, was kind, capable, and knowledgeable. Daily we worked on technique and simple drills to improve our skiing. Each day promised new locations and longer outings. Fortunately, there was one rest day so I and my new friend from Zurich visited Bruneck/Brunico, a nearby town, and the Messner Mountain Museum, a museum dedicated to mountain culture around the world.

The scenery never disappointed. Let me know if you have a hankering for ski destinations afar!



Skiing to Villa Basso



The morning view from our hotel



Club members Linda Ilan, Judy Kislik, and Claudia Schellenberg hit the trails at Caumsett State Park, January 2022.

Classified Ads

FOR SALE: Merrell Moab mid waterproof boots (still # J88792) size 9.5. Used but in great shape. They are regular width, but might run on the narrow side. I LOVE them. Very comfy, but my feet grew! Color is gray-periwinkle. I paid \$135; will take \$75 or best offer. Call/text Sue DeMasi at 631-553-2404.

FOR SALE: Snowshoes, Atlas Helium trail, size 23. Black with green/yellow straps. They go for about \$135-140 new. I only used them once after buying them in 2020. Is \$100 ?Asking \$100 or best offer. Call/text Sue DeMasi at 631-553-2404.

FREE: Soaker hose for garden. Call/text Stephanie at 516-356-6839.

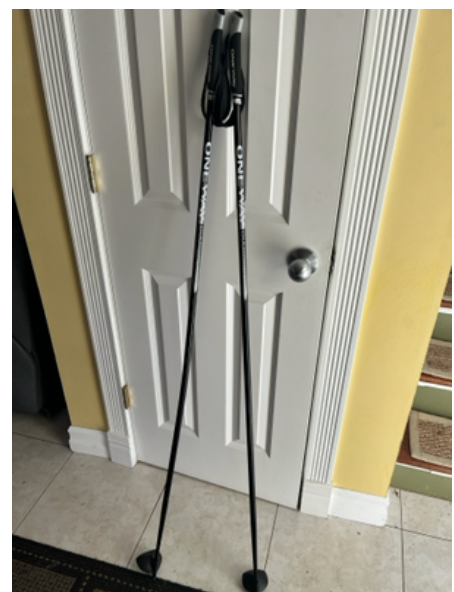
WANTED: Slate paving stones (those big gray ones, irregularly shaped or rectangular) or bricks. I will haul away for free! Call or text Stephanie at 516-356-6839.

FOR SALE: Acoustic guitar, very good condition, Yamaha FG-402. Asking \$100. Call or text Stephanie at 516-356-6839. Will deliver!

FREE: Cross-country ski poles. Length 145, in decent condition. Call/text Lars at 631-258-7904.



Somewhere in beautiful Vermont...on the Miramar trip. Photo by Ronnie Levy.



Free poles! See ad on left.

Letter from the Editor

I've had a great time creating the newsletter for our club this past season. Thanks to many of you, I was able to live vicariously through your stories and photos. And I was glad I got to ski on local snow, especially after the Lake Placid trip was canceled. It's my favorite trip. Let's keep our fingers crossed for next year! Thanks to True for dealing with all of it.

Allow me to extend a personal welcome to all our new members; it's folks like you who keep the club going! We all hope to see you on the trails, either here on LI or on one of our off-island trips.

Speaking of trips, the Craftsbury Jan-Feb 2023 trip is sold out. This is the trip run by Road Scholar that our club members sign up for; some of us don't do the RS thing but the week we picked is especially fun, as it has music and dance (other trips have yoga or other activities). If you're interested in the music and dance week for the following year (Jan-Feb 2024), keep a eye on the Road Scholar website



Somewhere in beautiful Vermont...on the Miramar trip. Photo by Ronnie Levy.

at the end of the summer and get in touch with our trip coordinator, Frank Posillico, at 631-928-5232 (VP@liccsc.org) to see what dates the club will pick. You might want to sign up early (end of summer for January-Feb 2024 week). Craftsbury Ski Center is a great place, especially for beginners because of their great ski lessons.

Hope to see all of you at our picnic later in the spring, and please don't be shy about arranging hikes, kayak excursions, or bike rides this spring, summer, and fall. Gotta keep in shape for skiing!

—Stephanie Sakson

Sleigh horses at Nestlenook Farm in beautiful Vermont, on the Eagle Mountain House club ski trip. Photo submitted by Helen Horton.



Message from your Membership Chairperson

LICCSC Members: 112

New Members so far this season: 11

As your membership chairperson, I am asking everyone to renew their membership again this year.

- If you joined or renewed electronically on the LICCSC.org website (with a CREDIT CARD) you will be reminded by the website to renew 1-month prior to membership subscription yearly anniversary (your membership subscription yearly anniversary = the Month/Day you initially joined online). ***You do not have to do anything to renew with this method unless your credit card information has changed.***
- If you renewed manually last year (with a CHECK or CASH), **your membership expired on Oct 31, 2021**. You can renew by going to our website www.LICCSC.org, clicking on the **MEMBERSHIP** menu. Go to the **"Pay With A Check"** section and **print the membership form**. Fill out the form and return with your check.

It is important that everyone renews their memberships. I am passionate about this club and all that it provides. **It is because of all of YOU, our members, that this club exists and is so awesome! Come play in the snow with us!**

Kim Schultze
Membership Chairperson
631-897-1001

Club Officers

Co-President	Ronnie Levy	631-455-4251	President@liccsc.org
Co-President	Bruce Redlien	631-413-2481	President@liccsc.org
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