



# Happy Trails

Newsletter of the Long Island Cross Country Ski Club

January 2020

Website: [www.LICCSC.org](http://www.LICCSC.org)

Club Forum: [LICCSC@googlegroups.com](mailto:LICCSC@googlegroups.com)

Facebook : [www.Facebook.com/LICCSC](http://www.Facebook.com/LICCSC)

## Presidents Message

**HAPPY NEW YEAR!** I am looking forward to January because it is the month our club XC ski trips start. For me, the ability to XC ski on groomed snow with fellow members of our club and have the time to socialize with the members is such great fun. If you have never tried one of our trips I encourage you to give it a try this year. You get immersed in the sport and connect with other members in a way you can't do by XC skiing on Long Island. It does not matter if you have never skied before or if you are a seasoned skier – you will have just as good a time regardless of your skill level – I guarantee it!

For those who cannot get away for a week-long trip we will still have day and weekend trips off Long Island as well as LI XC skiing as long as we get local snow. We cannot put these trips in our schedule because we cannot predict when we will have the snow needed to run them. When we have the snow you will get announcements about these on our Google Group ([LICCSC@googlegroups.com](mailto:LICCSC@googlegroups.com)) in the form of an email.

Our first trip of the season - our **trip to Lake Placid – our ONLY bus trip – is January 17-20**. This is a great trip for people new to XC skiing as well as experienced skiers and it is our ONLY bus trip. You can still sign up for this trip. See the details in this newsletter or go to [www.liccsc.org/events](http://www.liccsc.org/events). ***Come play in the snow with us!***



**This will be my last year as President of LICCSC.** I have been President for so long now I have lost track. It is time for one or more people to take the helm and bring a fresh perspective. It has been an honor and privilege to serve as your President. I will still be in charge of Membership and filling in for Webmaster until we get someone to do that role so you will still hear from me.

Our next meeting will be **January 9, 2020 - Downstairs Meeting Room A**. Meeting starts at 7:00 pm with refreshments and social time. Club business begins at 7:30 pm. We will have....

- **Guest Speaker: Bruce Redlien speaking about XC Ski Clothing**
- Brief update on our XC ski trips – Ronnie Levy
- Video on Classic XC ski Technique – Kim Schultze
- Discuss local XC skiing opportunities and locations
- Update on World Cup events and US XC Ski Team

All welcome! Look forward to seeing you all there!

Kim Schultze



KRIS DOBIE

## Editor's Corner

Happy New Year and best wishes for the new year.

At the December we had our first ski swap and sell. Several new beginner members were able to get skis, poles boots and some clothing at bargain prices. Hopefully our next one will work out as well.

In a few weeks many of us will be on our first ski trip of the season and for beginners it may be their first cross country ski trip. The club will be staying in Lake Placid located in the high peaks area of New York's 6 million acre 'forever wild' Adirondack State Park. There are two groomed cross country ski centers. The Olympic cross country ski training center, Mount Van Hovenberg and The Cascades. Cascades and Van Hovenberg are connected and you may ski from one to the other and back. For the advanced skiers with back country adventure experience there's the wilderness high peaks trail. It's a 300 mile trail connecting the southern Adirondacks in Johnstown with Lake Placid. There are camping leantos along the trail.



But regardless of which trails you choose cross-country skiing is a highly aerobic activity that can generate a lot of body heat. The weather may be wet or cold, and what you wear needs to protect you from the elements while allowing sweat to quickly ventilate away. If it doesn't, you risk getting chilled (or even hypothermic) once you stop.

With this in mind don't miss this month's meeting our guest speaker Bruce Redlien will discuss in detail how to dress for skiing success and avoid getting chilled and hypothermic.

Lastly, if you don't have the MLK long weekend off and couldn't get to Lake Placid, check your email for an alternate Saturday, Sunday ski trip that I am planning, depending on snow conditions nearby.

## Message from the V.P. - Trip Coordinator

Here is the update on our planned trips for 2020:

**January 17-20 - Lake Placid, NY.** All reserved rooms have been booked. Late comers should call True Hampton ([truehampton@yahoo.com](mailto:truehampton@yahoo.com)) (516-835-7689) or Jane Fasullo (631-689-1568) regarding additional room availability at hotel.

**January 26-31 - Craftsbury, VT, through Road Scholar.** This trip is filled.

**February 2-7 - Eagle Mountain House, NH** - There are currently 5 people signed up for this trip, rooms will be held until January 15th. Best to decide soon. Contact Lyn Lettieri if interested.

**March 1-6 - Craftsbury, VT,** both through Road Scholar (yoga theme) and independent. There are still places available for this trip, contact Kim Schultz for information.

And as always, there is the opportunity for spontaneous day trips and weekend getaways, depending on snow conditions. These can be posted through the Google Group. If anyone needs any suggestions or assistance, there are many of us available to help.

Fingers crossed for lots of snow, and a great ski season!

Ronnie Levy

## Meeting dates for 2019-2020 season

**January 9, 2020 - Downstairs Meeting Room A.** Meeting starts at 7:00 pm with refreshments and social time. Club business begins at 7:30 pm.

- Brief update on our XC ski trips – Ronnie Levy
- **Guest Speaker: Bruce Redlien speaking about XC Ski Clothing**
- Video on Classic XC ski Technique – Kim Schultze
- Discuss local XC skiing opportunities and locations
- Update on World Cup events and US XC Ski Team

**February 13, 2020—Downstairs Meeting Room A.** Meeting starts at 7:00 pm with refreshments and social time. Club business begins at 7:30 pm.

- Instructional video on XC skate ski technique – Kim Schultze
- **Photo presentations from recent ski trips to Lake Placid, NY and Jackson, NH– Kim Schultze**
- Discuss local XC skiing opportunities
- Details on Annual Dinner – Anita Risener

**March 12, 2020— Downstairs Meeting Room A.** Meeting starts at 7:00 pm with refreshments and social time. Club business begins at 7:30 pm.

- Photo show on the club trip to Craftsbury, VT – combined Road Scholar and non-Road Scholar trip at same time – Kim Schultze
- **Guest Speaker: Presentation on Tai Chi by Marvin Berg - the Injury Prevention Coordinator at Nassau University Medical Center and a Tai Chi instructor**
- Details on Annual Dinner – Anita Risener

## Ski Trips for 2019/20 Season

Details of each trip can be found on our website [LICCSC.ORG](http://LICCSC.ORG) CALENDAR

- January 17-20      [Lake Placid Bus Trip, NY](#) Full payment due December 12.
- January 26– 31      [Road Scholar Craftsbury, Vermont](#) - **Music Program Trip is Fully Booked**
- February 2-7      [Eagle Mountain House, NH](#)—
- March 1-6      [Craftsbury, VT— two versions see web site for details](#)

# Membership Message

**We have 113 Members. 7 new Members so far this year.**

**Welcome to our newest members!**

**Ralph King  
Mickey Cantwell**

\*\*\*\*\*

**Annual club memberships cost \$20/person (there are no more family memberships).**

If you have not already done so – please renew your membership in the LI Cross Country Ski Club by going to our website [www.LICCSC.org](http://www.LICCSC.org) and then clicking on the **MEMBERSHIP** menu. On this page you will see 2 choices to renew your membership.

**METHOD 1** is to renew online with a credit card (NEW) and is the preferred way we would like you to renew. Just click on the blue box that says [Purchase Membership Online](#). And you will be asked to “Signup” if you have not already done so. You will to create an online account with an NAME, EMAIL, PASSWORD, ADDRESS and PHONE for each membership. [Online memberships will automatically renew on the annual anniversary of the date you signed up online.](#)

**METHOD 2** is to renew with a check (old way). You will have to click on the blue link that says “[Print Membership Form](#)”, fill it out and mail it with a check. Once again you will need to provide a NAME, EMAIL, PASSWORD, ADDRESS and PHONE for each membership. [Offline memberships with a check will need to be manually renewed on November 1 each year.](#)

The NAME, EMAIL, PASSWORD, ADDRESS and PHONE you provide – regardless of whether you use METHOD 1 or METHOD 2 – will be what is used by LICCSC Membership for your contact information so please make sure the address, email and phone you provide are what you want as your contact Information for each individual member.

You can change any of your online information by going to LICCSC.ORG, then go to the MEMBERSHIP menu and scroll to the bottom of the page where it says: “**Already a Member and Need to Update Your Account Info? Click [HERE](#) to update your... Address, Phone numbers, Email, Credit card information**”

[Since we no longer have family memberships each person in a couple will have to create an individual membership and each will need to do this with their personal information \(not the spouses\).](#) If a couple shares an email address then only one of them will be set up on the Google Group (our club communication forum).

**PLEASE NOTE:** If one person in a couple chooses to sign up online for themselves and then also SIGNUP their spouse they should SIGNUP their spouse with a separate account and password. If they do not do this then the spouse will be signed up with their email and will not have a separate email in our membership database and will not have their own account on our Google Group.

Please let me know if you have any questions.

Kim Schultze  
631-897-1001

**BUS TRIP TO LAKE PLACID (MARTIN LUTHER KING WEEKEND)  
JANUARY 17, 2020 @ 10:00 AM - JANUARY 20, 2020 @ 6:00 PM**



This is a joint trip with the Sierra Club and is our only bus trip (No driving required!). There are BOTH cross country and downhill skiing options available on this trip. Members, non-members, couples, singles, people of all ages – we are going NORTH for a fun-filled winter weekend with lodging at the North Woods Hotel on Main St in the heart of Lake Placid and you are invited! We will be staying at the North Woods Hotel on Main Street in the heart of Lake Placid. This boutique hotel is in the heart of the town of Lake Placid and keeps you close to all the attractions. The town of Lake Placid is very charming and walk-able with an abundance of shopping and dining options, all just an elevator ride from your guest room. Lake Placid is home to the 1932 and 1980 winter Olympics and offers an abundance of things to do including:

- Olympic Center (1980 Herb Brooks Arena) with 2 ice skating rinks and rental ice skates
- U.S. Olympic Museum
- High Falls Gorge
- Two X-Country Ski Centers
- Miles of trails to hike or snowshoe

On the trip, besides great skiing, you'll learn about and see how global warming is affecting the winter sports industry in the Northeast.

**CROSS COUNTRY SKIING:** There are two full service cross country ski centers: Mt. Van Hoevenberg and Cascade Cross country Ski Center offering 70K of groomed cross country trails with beautiful scenery. Both XC centers offer ski rentals, sales and lessons and both locations have a small restaurant. The XC ski trails connect between the two trail systems so XC trail passes can be purchased for one or the other location or you can get a “combined” pass. Skiing between these two ski centers is optional but only takes about 1 hour. Our bus will take people once a day to/from the cross country centers.

**ALPINE SKIING:** Whiteface Mountain is the home to the greatest vertical drop east of the Rockies, with 86 trails stretching over 22 miles and encompassing three peaks! The mountain offers something for everyone with green trails to advanced runs. There is a FREE public shuttle that runs between the hotels and Whiteface to get you to/from the Mountain each day.

**Skill Level:** Good for beginners, intermediate and advanced skiers.

**Transportation:** Bus departs Bethpage Golf Course Friday at 10am. Returns late Monday night.

**Cost:** Double occupancy \$499 pp / Single occupancy \$759 pp / Triple Occupancy \$419 pp or \$429 pp with a cot. Price includes bus transportation up and back + 3 nights lodging in a room with 1 or 2 beds & a private bath + 3 hot breakfasts + taxes and gratuities. Bus driver gratuity will be collected on the way home (\$17-\$20 recommended).

**Registration:** Payment in full due ASAP. A block of rooms is being held by the hotel until December 14th. Unpaid rooms will be turned back to the hotel on Dec 14th. After December 14th, participation is by room availability only. **Make your check out to “Sierra Club L.I. Group”. Include your phone number and your car’s make, model, color and license plate number.** Mail check to True Hampton, 26 Revere Rd., Port Washington, NY 11050. We cannot accept credit card or other electronic payment. All checks will be held until December 14th so if you need to cancel up until Dec 14 just let True know and she will return your check.

**Questions:** Call True Hampton (516-835-7689) or Jane Fasullo (631-689-1568).

**CRAFTSBURY, VT WITH ROAD SCHOLAR – MUSIC PROGRAM  
JANUARY 26, 2020 @ 12:00 PM - JANUARY 31, 2020 @ 3:00 PM**

**\*\*\*THIS TRIP IS FULL\*\*\***



**Description:** This trip is provided by Road Scholar ([www.RoadScholar.org](http://www.RoadScholar.org)). Rich Mardosa is coordinating this ROAD SCHOLAR trip with LICCSC to the Craftsbury Outdoor Center from Jan 26-31. Experience some of New England's finest cross-country skiing in the heart of Vermont's unspoiled Northeast Kingdom. Led by expert ski instructors, enjoy an introduction to cross-country skiing or a refresher course to hone your skills at every ability level. Whether your goal is physical training or exploring Vermont's scenic treasures, you'll have extensive options on trails that are wide, expertly maintained, and groomed daily for classical and skate ski techniques.

Road Scholar provides a New England Music and Country Dancing program after skiing. Learn the history of traditional country dance and song. Instructors offer old standbys as well as newer songs and dances from New England, the Canadian Maritimes, the British Isles and Scandinavia. Live music to accompany song and dance will be provided by guitar, banjo and fiddle – bolstered one evening each week with additional local musicians for a festive contra dance.

**Cost:** The cost is app \$849 double occupancy – single room, if available, will be more. Includes 4 nights of accommodations, 11 meals: 4 breakfasts, 3 lunches, 4 dinners.

**Skill Level:** Good for beginners, intermediate, and advanced skiers.

**Ski Rentals/Lessons:** Available at ski shops and ski centers

**Room Amenities:** Lodging is dorm style with a shared bath down the hall. For an upgrade fee, bedrooms are available with private bath facilities. For information on UPGRADING your room and availability please contact the Craftsbury Outdoor Center office at 802-586-7767.

**Reservations:** **\*\*\*TRIP IS FULL!\*\*\***. Book this trip directly with Road Scholar ([www.RoadScholar.org](http://www.RoadScholar.org) or 800-454-5768), **Trip id 20276EDV**. After you make your reservation call Rich Mardosa so he can keep track of who has signed up. (631-864-1803 or [mrichrich26@msn.com](mailto:mrichrich26@msn.com))

**Cancellation Policy:** See Road Scholar cancellation policy.

**JACKSON, NH @ EAGLE MOUNTAIN HOUSE**  
**FEBRUARY 2, 2020 @ 3:00 PM - FEBRUARY 7, 2020 @ 11:00 AM**



Jackson, New Hampshire is nestled in the mountains and is still one of this club's favorite XC ski trips. **Beginner, intermediate and advanced skiers** will each find many trail options to enjoy. The prepared trails in Jackson offer skiing conditions for all levels of skiing abilities and close to the hotel. We also can drive to great skiing locations at Bretton Woods and Great Glen. All locations offer XC skiing for beginner to advanced skiers and all have rentals and lessons available. Great Glen has a really great ski shop which has fabulous sales at this time of year – a great place to upgrade your ski equipment! Discount trail passes are available at the hotel desk for Jackson Cross-County ski trails. We'll have a large room for our evening pot-luck socials we have before dinner every night. Please bring wine and snacks to share for this fun time to socialize and discuss the day's activities. For those that love to shop, Jackson has a great outlet stores.

**Take Note:** These dates are a change from late to early February to in hopes of more favorable snow conditions.

**Lodging:** Eagle Mountain House, 179 Carter Notch Road, Jackson Village, NH 03846, 1-800-966-5779, 603-383-9111. For those of you who have not been there, Eagle Mountain House was built in 1879, is one of the last remaining "Grand Hotels" in the White Mountains and is a recognized Historic Hotel of America. While quite large it is cozy with many amenities and areas to socialize, play games or just relax. We can ski right out the front door or drive to several other nearby ski areas. Rooms are very comfortable and there's a charming lobby and a reading room, both with fireplaces, for relaxing and socializing. The coffee pot is on in the morning and there's always a warm fire. There's also a small gym and a hot tub, so bring your swimsuits. Dietary restrictions will be accommodated.

**Room Rates:** Per night room rates include room, breakfast, dinner, food service fees and taxes.

- \$165.30/night for single occupancy
- \$224.83/night for double occupancy
- \$21.80/night for a standard suite upgrade

**Reservations:** Call Eagle Mountain House **BY JANUARY 15th, 2020** at (603) 383-9111 to reserve your room and **indicate that you are part of the Long Island X-Country Ski group**. A one-night deposit will be charged when you make your reservation. **When your room is confirmed E-mail Lyn Lettieri at [cal19@cornell.edu](mailto:cal19@cornell.edu) to let her know you will be participating in the trip.**

**Ski Rentals/Lessons:** Available at ski shops and ski centers

**Cancellation Policy:** Reservations must be cancelled no later than 72 hours (**January 30**) prior to arrival date. All cancellations have a \$25 cancellation fee. Cancellations after January 30 you lose your first night's deposit.

**Important** – In the letter confirming your reservation you will find a different cancellation policy. That is EMH's individual reservation cancellation policy that does not apply to groups – **ignore it.**

**Check-in: After 3:00 PM-** If you plan to ski on the day of your arrival travel in your ski clothes. **Check-out: Before 11:00 AM**

**Social time: *Bring snacks and beverages to share at our get-togethers*** each evening before dinner in our hospitality room.

**Questions?** Contact **Lyn Lettieri**, trip leader at [cal19@cornell.edu](mailto:cal19@cornell.edu) or 802-489-5463

**CRAFTSBURY, VT – 2 VERSIONS:**  
**1) CRAFTSBURY WITH ROAD SCHOLAR 2) CRAFTSBURY (NO ROAD SCHOLAR)**  
**MARCH 1, 2020 @ 1:00 PM - MARCH 6, 2020 @ 11:00 AM**  
**\*\*\* THERE IS STILL ROOM ON BOTH VERSIONS \*\*\***



We are trying something new this year – combine 2 different versions of a club trip to Craftsbury, VT at the same time, March 1-6:

- **VERSION 1** – Booked directly with ROAD SCHOLAR (which includes dormitory style room, meals, lodging, XC skiing, group XC ski lessons, yoga and entertainment)
- **VERSION 2** – Booked directly with CRAFTSBURY (which includes lodging in Cabins, meals & XC skiing)

The goal of this is that the people that want daily group lessons and Yoga can do that and the ones that just want to XC ski without the lesson and Yoga can do that and we can meet up at meals and at our daily pot-luck wine and cheese social each day. **Make sure to look at the specific directions in the version of the trip you want to do. Instructions are different in each version.**

**Craftsbury Outdoor Center:** 535 Lost Nation Rd, Craftsbury Common, VT 05827. Craftsbury Outdoor Center is located on a quiet dirt road in the Northeast Kingdom of Vermont Provides 105k of groomed trails connecting Northeast Kingdom villages, farms, field and forest. To provide a more reliable skiing experience, if Mother Nature doesn't provide enough snow, Craftsbury has developed its ability to make snow to supplement what nature provides.

**VERSION 1 DESCRIPTION:** This trip is run by Road Scholar. Go to [www.RoadScholar.org](http://www.RoadScholar.org) and then type program number "20276" in the search box to see the details of the trip. Experience some of New England's finest cross-country skiing in the heart of Vermont's unspoiled Northeast Kingdom. Spend the week expert instructors developing your Classic style Cross-country skiing technique, otherwise known as Diagonal Stride Technique. This program may be an introduction to cross-country skiing or a refresher course to hone your skills at every ability level. Whether your goal is physical training or exploring Vermont's scenic treasures, you'll have extensive options on trails that are wide, expertly maintained and groomed daily for classic and skate ski techniques.

Trip Itinerary as presented by Road Scholar:

- DAY 1: Check-in, Dinner, Welcome Orientation
- DAY 2: Group Ski Lessons, Yoga, Artisan Cheeses
- DAY 3: Ski Lesson, Yoga, Live Music and Sing-Along
- DAY 4: Ski Lesson, Feldenkrais Method, Yoga
- DAY 5: Group Ski, Skate Ski or Snowshoeing, Movie Night
- Day 6: Group Ski, Program Concludes.

**Skill Level:** Good for beginners, intermediate and advanced skiers. Trip includes group XC ski lessons each day. The group is broken up into smaller groups of similar skiing ability. **Note: this trip is especially good for beginner skiers or those new to XC skiing since lessons are provided daily and the ski instructor skis with the group throughout the day.**

**Trip details continued on next page.....**

**Cost:** Double occupancy \$849 pp / Single occupancy \$1059 pp. Price includes 14 meals are included (5 Breakfasts, 4 Lunches, 5 Dinners), Ski lessons and skiing each day, lodging and daily programs (yoga, movies, wine & cheese).

**Road Scholar Cancellation Policy:**

- Before Nov 3: lose \$50
- Nov 3- Jan 6: lose \$100
- Jan 6 –Feb 17 : lose \$200
- Feb 17 – Mar 1: lose 50%
- After Mar 1: lose 100%

**Trip insurance is recommended.** Road Scholar offers trip insurance for \$79/person double occupancy; \$100/person single occupancy.

**Registration:** Call Road Scholar directly to reserve 1-800-322-5315/1-800-454-5768. **Mention that you are with the LI Cross Country Ski Club and Trip ID 20276. After making reservations with Road Scholar, please email Kim (president@liccsc.org) so we know who is coming.**

**VERSION 2 DESCRIPTION:** This version is booked directly with Craftsbury Outdoor Center and does not have any program – you are free to do what you want when you want. This trip includes your lodging (in one of the CABINS at Craftsbury), 14 Meals (5B, 4L, 5D) and your XC skiing trail pass each day.

There are 10 cabins that can sleep 2-3 people. These are what I am recommending we book for the trip without Road Scholar.

2-bedroom suite in Cedar Lodge: \$130/person/day  
8 Cabins (Spruce, Maple, Elm): \$135/person/day  
2 Cabins (Balsam, Hemlock): \$145/person/day

**NOTE:** These cabins book a year in advance and 8 of the 10 cabins are already booked for Mar 1-6, 2020 so reserve ASAP. Contact Kim Schultze at 631-897-1001 or email: president@liccsc.org if you are looking for a share in a cabin.

**Craftsbury Cancellation Policy:** Deposits are refundable on a written notice of cancellation at least 14 days prior to arrival and are subject to a \$20 handling charge per room. For cancellations within 14 days of arrival (including date of arrival), deposits are forfeited. Any changes made to a reservation within 14 days of arrival will result in a \$20 handling charge per room. Deposits will be applied to the last night's stay.

**Reservations at Craftsbury WITHOUT Road Scholar:** Call Craftsbury at 802-586-7767 and indicate which cabin (listed above) you want. After making reservations with Craftsbury, **please email Kim (president@liccsc.org) so we know who is coming.**

**\*\*\* THERE IS STILL ROOM ON BOTH VERSIONS OF THIS TRIP \*\*\***

People attending Craftsbury WITH Road Scholar:

- |                    |                   |
|--------------------|-------------------|
| 1. Helen Horton    | 5. Thomas Power   |
| 2. Trisha Allen    | 6. Linda Ilan     |
| 3. Marjorie Allen  | 7. Steven Spang   |
| 4. Roanne Kulakoff | 8. Kristi Halpern |

People Attending Craftsbury WITHOUT Road Scholar:

- |                     |                      |
|---------------------|----------------------|
| 1. Kim Schultze     | 7. Roland Catchpaugh |
| 2. Anita Risener    | 8. Brian Catchpaugh  |
| 3. Haakon Jakhelln  | 9. Fay Wong          |
| 4. Judi Jakhelln    | 10. Ken Wong         |
| 5. Lyn Lettieri     |                      |
| 6. Charles Eliosoff |                      |

## Places on LI to Buy or Rent XC Skis

**Sun & Ski** – Sells cross country ski equipment, does not rent. They will offer our club members XC ski equipment at pre-season sale prices. Just tell them you are with the LI Cross Country Ski Club! 197 South Service Rd, Plainview – (516) 249-7980.

**Sundown Ski & Patio** – Rents and Sells cross country ski equipment. Website:

[www.sundownski.com](http://www.sundownski.com).

- 1296 Route 110, Farmingdale (631) 420-3796
- 47 Northern Blvd, Greenvale (516) 621-6668
- 3060 Middle Country Rd, Lake Grove (631) 737-8600
- 2726 Hempstead Tpke, Levittown (516) 796-1565
- 2105 Lakeland Ave., Ronkonkoma (631) 588-2111

**Sno-Haus / 44 Board** - Sells cross country ski equipment, does not rent.

- 2 W. Jericho Tpke., Huntington Station (631) 549-5087
- 244 N. Franklin St., Hempstead (516) 481-3305

### **Good Websites to Buy Cross Country Skis**

- LL Bean: [www.llbean.com/XCSkiing](http://www.llbean.com/XCSkiing)
- REI: [www.rei.com/Nordic-Skis](http://www.rei.com/Nordic-Skis)
- Eastern Mountain Sports: [www.ems.com](http://www.ems.com)
- New Moon Ski Shop: [www.newmoonski.com](http://www.newmoonski.com)
- Gear West : [www.gearwest.com](http://www.gearwest.com)

## Club Officers

<b>President</b>	Kim Schultze	631-897-1001	President@liccsc.org
<b>Vice President</b>	Ronnie Levy	631-455-4251	VP@liccsc.org
<b>Treasurer</b>	Regina Giglio	631-882-5562	Treasurer@liccsc.org
<b>Secretary</b>	Suzanne McVetty	516-650-2386	Secretary@liccsc.org
<b>Past President</b>	Linda Ilan	516-935-1268	PastPresident@liccsc.org
<b>Member At Large 1</b>	Vladimir Drozdoff	631-805-5932	MAL1@liccsc.org
<b>Member At Large 2</b>	Anita Risener	631-806-9662	MAL2@licsc.org
<b>Member At Large 3</b>	Kenneth Wong	718-539-3966	MAL3@liccsc.org
<b>Hospitality Committee</b>	Roanne Kulakoff	347-867-5607	Hospitality@liccsc.org
<b>Membership Committee</b>	Kim Schultze	631-897-1001	Membership@licsc.org
<b>Newsletter</b>	Kenneth Wong	718-539-3966	Newsletter@liccsc.org
<b>Webmaster</b>	Open		