

# Happy Trails

Newsletter of the Long Island Cross Country Ski Club

website: www.LICCSC.org

Club Forum: <u>LICCSC@googlegroups.com</u>
Face book :<u>www.Facebook.com/LICCSC</u>

**December 2017** 

### **President's Message**

Hi Everyone! Winter is coming but what kind of snow will we get this season? Come to our December Meeting (TUESDAY, 12/5) to hear our **very special guest, MIKE RIZZO, News 12 Meteorologist**, give us a climate talk including his snow predations for this season.

<u>We will start the meeting promptly at 7PM</u> (NOTE: our  $\frac{1}{2}$  hour social **moved to the end of the meeting** since Mike has to leave early since he has to get up at 2AM to do the weather the next day!).



Mike Rizzo will make this talk very interesting, talking about basics of weather versus climate, the recent trends for LI snowfall, and in addition what would contribute to a snowy versus non-snowy (or icy!!!) winter that we may or may not have in the season coming. Ultimately it is impossible to forecast exact amounts, when exactly the snow would fall, etc, but Mike will give us a seasonal highlight of what could happen and what the probability and odds are of that said solution occurring. Mike plans to make it interactive, fun, and approachable with cool visuals, graphs, and maybe even talking about global warming as an additive!

**XC Ski Recycling Program**: All our used skis, boot, poles are for sale at attractive prices. Skis: \$25, Poles: \$5, Boots: \$15. Buy a complete set for \$40. All equipment will be available at the December meeting.

Looking for new XC skis? Sun & Ski in Plainview, a generous supporter of our club, is now is fully stocked with their Cross Country Ski Equipment for the season. Stop down and take a look – tell them you are from the LI Cross Country Ski Club and they will honor their pre-season sale prices. (Ask for store manager – Christine Pesca). Sun & Ski, 197 South Service Rd, Plainview, NY 11803. 516-249-7890

**Did You Renew Your Membership?** Thank you to all who renewed their membership already. We still have a good number of people who have not yet sent in their membership renewal. *Anyone who has not renewed by Dec 25<sup>th</sup> will be removed as a member of the ski club.* Membership renewal forms are in this newsletter and also available on our club website www.LICCSC.org.

Club Trips: So our first trip of the season to Gunflint, MN will be departing on Dec 29-Jan 3. There is still room on this trip. Our BUS TRIP to Lake Placid (1/12-1/15) is a GO! There is still room on this trip as well as the trip to Mount Saint Anne, Quebec (1/28-2/2). The ski trip to Windblown in NH (2/16-2/19) is now full. The trip to Craftsbury in VT (2/26 - 3/3) Yoga and Nordic Skiing is also still available. Look for full details in this newsletter or go to our website www.LICCSC.org and select the calendar – all trips are detailed there.

I look forward to seeing you all at our December meeting TUESDAY, December 5 at 7PM at the Plainview/Old Bethpage Library, 999 Old Country Road, Plainview. Remember to arrive early so you do not miss any of MIKE RIZZO's talk which starts promptly at 7PM.

#### HAPPY HOLIDAYS TO ALL!

Kim Schultze

# Message from the V.P. - Trip Coordinator

The Executive Committee has decided to give the VP the job of "Trip Coordinator", which I have happily accepted.

To date we have four overnight trips organized:

- GUNFLINT, MINNESOTA, Dec 29 Jan 3
- LAKE PLACID, NY, Jan 12-15 (MLK Weekend), BUS TRIP WITH SIERRA CLUB
- MT. ST. ANNE, QUEBEC, CANADA, Jan 28 Feb 2
- WINDBLOWN, NEW IPSWICH, NH, Feb 16-19

Details of these trips can be found in this newsletter and on our website (<a href="www.LICCSC.org">www.LICCSC.org</a>). We would like to offer more trips off Long Island. So we are asking you to consider organizing a trip – perhaps to Craftsbury, VT with Road Scholar; to Jackson, NH; or to Lapland Lake, Benson, NY. Please contact me at <a href="mailtiellipsi.gitaling.ncom">lijilan@msn.com</a> if you are willing to lead a XC trip.

Linda Ilan

### **Editor's Corner**

Hi Everyone,

First some updates on our trips. As of this writing the Wndblown trip for Friday, February 16th - Monday, February 19th is completely booked. If you want to go contact Andy Suntup at <a href="mailto:vermonster77@comcast.net">vermonster77@comcast.net</a> or 802-857-5383. He may put you on the waiting list or suggest alternate places to stay.

The GUNFLINT, MINNESOTA, for Dec 29 – Jan 3 just a few weeks away. Two spots opened up. If you wanted to go but couldn't find a partner to share a cabin don't miss this opportunity. Gunflint is in Grand Marais, Minnesota, near the shore of Lake Superior. It's 28 degree and snowing in the last weather report. Call Regina 631-882-5562 or Ronnie 631-455-4251

#### **Update from Ronnie**

The flights for this trip have been altered by Delta. They are now: DL 121 (LGA to MSP), DL 4454 (MSP to DLH) going on 12/29, and DL 4131 (DLH to MSP), DL 2296

(MSP to LGA) on 1/3/2018. I spoke with Delta, there are still cabin seats available at \$526.60 RT. If you are considering joining us on this trip, I would suggest you book your flights very soon as we are going into the holiday season and fares are not guaranteed. Call Regina 631-882-5562 or Ronnie 631-455-4251

A reminder we need members to be active on the trails as well as on the web to promote the club. The easiest and most cost effective is to be active on the club's Facebook page. One way is to post a comment, a picture or, simply click on the 'like' of a posting. Each posting or 'like' triggers a notice to **anyone** who has "LIKEed" the club's page will see all the posts on their Facebook home page automatically. For more information speak to Kim, myself or see the Facebook introduction in this newsletter.

Finally if you have any club or ski related topic for the newsletter please Email your contributions to me at <a href="mailto:bicyclist-ken@yahoo.com">bicyclist-ken@yahoo.com</a> Also visit our Facebook and Yahoo Groups pages where more up to date information on trips, trip photos and cross country skiing related information are posted. <a href="https://www.Facebook.com/LICCSC">www.Facebook.com/LICCSC</a> and the google group page <a href="mailto:LICCSC@googlegroups.com">LICCSC@googlegroups.com</a>

# Meeting dates for 2017/2018 season

Meetings are 7PM – 9PM at the Plainview/Old Bethpage Library, 999 Old Country Road, Plainview.

- Thursday, November 2, 2017
- Tuesday, December 5, 2017—See presidents message
- Thursday, January 4, 2018
- Thursday, February 1, 2018
- Thursday, March 15, 2018

# **Trips for 2017/2018 season**

### Here are our trip dates for this season – Watch from more details on <u>LICCCSC@googlegroups.com</u>

- West Yellowstone Ski Festival: 11/23-11/26 (Vladimir D)
- Gunflint, MN: 12/29 1/3 (Regina G, Ronnie )
- Lake Placid, NY Bus Trip: 1/12-1/15 (True H) \*\*\*Great for new members!
- Mount Saint Anne, Quebec, CA: 1/28 2/2 (Rolande & Brian C)
- Windblown, NH: 2/16 2/19 \*\*\*Great for new members!
- Craftsbury, Vermont, 2/26 3/3 Yoga and Nordic Skiing \*\*\*Last minute addition
- Fahnestock, Lapland Lake, and Minnewaska trips sprinkled in between these dates TBD based on snow conditions \*\*\*Great for new members!

### Places on Long Island to Buy or Rent XC Skis

Sun & Ski – Sells cross country ski equipment, does not rent. They will offer our club members XC ski equipment at pre-season sale prices. Just tell them you are with the LI Cross Country Ski Club! 197 South Service Rd, Plainview – (516) 249-7980.

**Sundown Ski & Patio** – Rents and Sells cross country ski equipment. Website: www.sundownski.com.

- 1296 Route 110, Farmingdale (631) 420-3796
- 47 Northern Blvd, Greenvale (516) 621-6668
- 3060 Middle Country Rd, Lake Grove (631) 737-8600
- 2726 Hempstead Tpke, Levittiwn (516) 796-1565
- 2105 Lakeland Ave., Ronkonkoma (631) 588-2111

Sno-Haus / 44 Board - Sells cross country ski equipment, does not rent.

- 2 W. Jericho Tpke., Huntington Station (631) 549-5087
- 244 N. Franklin St., Hempstead (516) 481-3305

#### **Good Websites to Buy Cross Country Skis**

- LL Bean: www.llbean.com/XCSkiing
- REI: www.rei.com/Nordic-Skis
- Eastern Mountain Sports: www.ems.com
- New Moon Ski Shop: www.newmoonski.com
- Gear West: www.gearwest.com

#### **Gunflint Minnesota - New Years Eve 2018**

**DATES:** December 29, 2017 - January 3, 2018

You can adjust dates of stay to meet your needs. There is a 3 night minimum over this holiday weekend.

**LOCATION:** Grand Marais, Minnesota, on the shore of Lake Superior

**DESCRIPTION:** This is a cross country ski trip to a remote and pristine resort, located in north eastern Minnesota, where there is more wildlife than people! We will be staying in the cabins at the Gunflint Lodge. In addition to skiing, the resort offers (depending on snow conditions) dog sledding, ice fishing, star gazing, wild life observation, snow shoeing, guided naturalist activities, snowmobiling and massage. Gunflint has 50 km of groomed trails. Bearskin Lodge is 15 miles away and offers 75 km of groomed trails.

**COST**: Cost per night for double occupancy is \$279, including breakfast. Its \$35 extra per night per person sharing the cabin. Airline flight on Delta is \$446 round trip. We will be renting cars for the 3 hour drive from Duluth Airport to Gunflint Lodge, cost will be divided up per person. There is a \$12 daily trail fee at Gunflint, \$18 daily fee at Bearskin.

**AIRLINES:** Seven of us are booked on the following Delta flights:

1919 - Laguardia to Minneapolis (MSP)

4573 - MSP to Duluth (DLH)

4131 - DLH to MSP

2269 - MSP to LGA

**TRANSPORTATION**: Flight from LaGuardia to Duluth, MN. Car rental to Gunflint Lodge and return.

**EATING OUT**: Breakfast is included in the price of the cabin rental. Cabins have a kitchen, so we can stop on the drive up to pick up lunch food, snacks, party stuff, etc. Gunflint has a restaurant in the main lodge which serves breakfast, lunch and dinners. Bearskin has facilities for soup and chili. There are several local restaurants in the area as well.

**SKILL LEVEL:** Good for beginners, intermediates and advanced. They have both classic and skate skiing available.

**SKI RENTALS/LESSONS**: Skis, boots and snowshoes are provided free of charge, however they are very basic. The recommendation is to bring your own equipment if you prefer a higher end ski.

**LODGING**: Cabins at Gunflint Lodge are equipped with kitchens and fireplaces (wood is provided). Cabins are still available for this time frame.

**RESERVATIONS:** Notify Regina Giglio 631-822-5562 or Ronnie Levy 631-455-4251 if you are intending to go. Call Gunflint Lodge 800-328-3325 to book your cabin. Let them know you are with the 'Giglio Group''.

**CANCELLATION POLICY:** \$500 deposit is due at time of booking. Deposit is refundable, minus \$50 up to 30 days prior to arrival. Less than 30 days, deposit is forfeited. Airline tickets are nonrefundable.

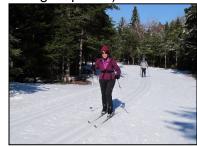
QUESTIONS: Call Regina 631-882-5562 or Ronnie 631-455-4251

#### **Lake Placid, NY** (BUS TRIP – no driving!)

Dates: Friday, Jan 12 - Monday, Jan 15, 2018 (Martin Luther King Weekend)

Description: This is a joint trip with the Sierra Club and is our only bus trip (No driving required!). There are

BOTH cross country and downhill skiing options available on this trip. Members, non-members, couples, singles, people of all ages - join us for a fun-filled extended weekend to the Lake Placid, NY. We will be staying at the North Woods Hotel on Main Street in the heart of Lake Placid. This boutique hotel is in the heart of the town of Lake Placid and keeps you close to all the attractions. The town of Lake Placid is very charming and walkable with an abundance of shopping and dining options, all just an elevator ride from your guest room. Lake



Placid is home to the 1932 and 1980 winter Olympics and offers an abundance of things to do including:



- Olympic Center (1980 Herb Brooks Arena) with 2 ice skating rinks
- Whiteface Mountain
- U.S. Olympic Museum
- High Falls Gorge
- Two X-Country Ski Centers
- Miles of trails to snowshoe

CROSS COUNTRY SKIING: There are two full service cross country ski centers: Mt. Van Hoevenberg and Cascade Cross country Ski Center offering 70K of groomed cross country trails with beautiful scenery. Both XC centers offer ski rentals, sales and lessons and both locations have a small restaurant. The XC ski trails connect between the two trail systems so XC trail passes can be purchased for one or the other location or you can get a "combined" pass. Our bus will take people once a day to/from the cross country centers.

**ALPINE SKIING**: Whiteface Mountain is the home to the greatest vertical drop east of the Rockies, with 86 trails stretching over 22 miles and encompassing three peaks! The mountain offers something for everyone with green trails to advanced runs. There is a public shuttle that runs between the hotels and Whiteface to get you to/from the Mountain each day.



**Skill Level**: Good for beginners, intermediate and advanced skiers.

Transportation: Bus departs Bethpage Golf Course Friday at 11am. Returns late Monday night.

**Cost:** Double occupancy \$464 pp / Single occupancy \$714 pp. Price includes bus transportation up and back + 3 nights. lodging in a room with 1 or 2 beds & a private bath + 3 hot breakfasts + taxes and gratuities Bus driver gratuity will be collected on the way home.

**Registration:** Payment due in full by December 12th. Make your check out to "Sierra Club L.I. Group". Mail check with a stamped self-addressed business envelope and your phone number to True Hampton, 26 Revere Rd., Port Washington, NY 11015.

**Questions:** Call True Hampton (516-835-7689) or Jane Fasullo (631-689-1568).

#### Mount St. Anne, Quebec 2018

Dates: Sunday, January 28th - Friday February 2nd, 2018

**Location**: Mount Sainte Anne Nordic Center <a href="http://mont-sainte-anne.com/en/winter/cross-country-ski-center/">http://mont-sainte-anne.com/en/winter/cross-country-ski-center/</a>

**Description:** Mont-Sainte-Anne Cross-country Ski Center features 200 km of perfectly groomed trails with warming huts, including a 191 km network for skating stride. It is considered to be the largest cross country ski center east of Royal Gorge. It is nestled in the beautiful scenery of the Laurentian forest. There is skiing for all levels of skiing ability. There are also 7 warming huts along the various trails and are suitable for lunches and rest stops. A normal winter for the area provides close to 400cm (157") of snow. Quebec is about a 30 min drive from our hotel. The Quebec Winter Carnival takes place while we are there. Lots of fun activities at the Carnival. For more information about the Quebec Winter Carnival go to: <a href="http://carnaval.gc.ca/en/">http://carnaval.gc.ca/en/</a>

Cost to Ski: To be determined as new rates have not yet been posted.

**Skill Level:** Good for beginners, intermediate and advanced skiers.

Ski Rentals/Lessons: Available at ski center

**Hotel:** We will be staying at Chateau Mount Sainte Anne, 500, boulevard du Beau-Pré, Beaupré (Québec) G0A 1E0, Canada. 1-800-463-4467. Each room has two Queen sized beds, a small kitchenette with dishes, cutlery, pots and pans, a microwave, three burner stove and a small frig. There is also WIFI, a full service Spa at the hotel, games room, small cinema, indoor pool and outdoor hot tubs and fitness center with sauna. The hotel is located just minutes from the cross country ski center by car. To get to the hotel some people drive (10+ hours) while others fly. If you are flying you will fly into Quebec Airport and either rent a car or take a taxi to the hotel. If you are driving let us know if you would like to car pool with others who are driving.

#### Cost (Rates in Canadian \$):

#### **ROOM ONLY:**

SINGLE or DOUBLE Occupancy: \$129.00 per room/night. (\$153.50 Taxes included.) Gratuities <u>not included</u>. <u>ROOM WITH FULL BUFFET BREAKFAST:</u>

SINGLE Occupancy: \$142.80 per person/night (157.03 x 5 =785.15 *Tax and Gratuities included* DOUBLE Occupancy: \$78.30 per person/night (\$185.24 x 5 nights \$926.20 *Tax and Gratuities included* TRIPLE Occupancy: \$61.80 per person per night (218.94 x 5 nights 1094.70) *Tax and Gratuities included* DEPOSIT: 50% at the time of booking.

Food: There are two restaurants at the hotel. There are other restaurants off site – Pubs/Bistros that we explored just a 2 minute drive from the hotel and we will try to seek out other places as well before the trip. All restaurants will accommodate Gluten Free and Vegetarians. On the main road (Ste Anne Blvd) you will also find a large grocery store, a liquor store and pharmacy. Lunches are not available at the Ski Center during the week so it is wise to stock up on food for lunch that can be stored in the refrigerator in your rooms.

For Reservations: Contact the hotel at 1-800-463-4467. You must mention that you are a member of the Long Island Ski Club. For pictures and more information about the resort go to: <a href="www.chateaumsa.com">www.chateaumsa.com</a>. Check-in Time: 4:00 PM and Check Out Time: 12:00 PM.

**Cancellation Policy**: Cancellation within 7 days of arrival you will pay for one night's stay. (Last day to cancel with no penalty would be Sunday, January 21st) If you cancel outside the 7 day limit there will be no penalty.

Questions? Contact Rolande and Brian Catchpaugh, email: <a href="mailto:redhouse@axion.ca">redhouse@axion.ca</a> or <a href="mailto:redhouse@axion.ca">reser-</a> vation.

#### Windblown, NH - 2018 President's Weekend

Dates: Friday, February 16th - Monday, February 19th.—THIS TRIP IS FULL

Location: Windblown Cross Country Ski Area, 1180 Turnpike Rd, New Ipswich, NH 03071

**Description:** Back by popular demand! Windblown has been southern New Hampshire's Premier Cross Country Ski Area. Since 1972 skiers from all over New England have been returning each year to ski their favorite trails at Windblown. Here in what Thoreau called "The Front Range", on the beautiful high terrain at the gateway to the Monadnock Region, you will find 40 kilometers of trails with a variety to please every member of your family. They provide exceptional grooming, the highest quality rental skis and snowshoes, and a family-friendly handcrafted Base Lodge with healthy food and pleasant wood-heated spaces.

**Hotel**: We will be staying at the Jack Daniels Motor Inn (80 Concord St, Peterborough, NH 03458). It's a very nice motel and they are working with us on the price and holding 10 rooms for us until January 16th. If you don't reserve by January 16th the rooms will be released and then it is catch as catch can. It's a small motel so they do not have a lot of availability. The Jack Daniels Motor Inn is less than 20 minutes from Windblown. Based on last year's response, this should fill quickly. Please note that once our block of 10 is sold out, like they were last year, you can only reserve if others haven't taken the motel's remaining rooms. If you wait, you will be too late.

#### Room Amenities include:

- Wifi high speed internet access at no charge
- Complimentary coffee, tea, juice, muffins & breads for breakfast
- Micro fridge/freeze/microwave in all rooms
- Complimentary visits at a nearby Health & Fitness club

In addition to our rooms, the hotel also rents out a house a very short distance away. The house includes a master bedroom with a king size bed, two additional bedrooms with one queen size bed each, a living room (perfect for playing Rummy Kube) with 2 twin fold up beds, 2 ½ bathrooms (one of which includes a bath tub) and a kitchen. The owners of the hotel are willing to let us use the house at a very reasonable rate. There is a 3 person minimum and the latest that you can cancel your reservation without a penalty is January 16<sup>th</sup>.

**Rate:** \$89.00 per room plus tax with a 2 night minimum (same as the past 3 years). This is for single or double occupancy. An additional charge of \$10.00 per person will be applied to third and fourth people per room.

Reservations: To reserve a room, call 603-924-7548 and say that you are with the Long Island Cross Country Ski Club. Because this is a special rate you cannot make reservations by computer. After you have made your reservation please contact Andy Suntup at <a href="mailto:vermonster77@comcast.net">vermonster77@comcast.net</a> or 802-857-5383. Also, please let me know if you decide to cancel. Trip is full.

Sill Level: Good for Beginner, Intermediate and advances skiers

Cost to ski: Skiing at Windblown is approximately \$18 per day and \$16 for seniors. If we have at least 12 people the price is reduced by \$2 per day. Just tell them when you pay that you are with the Long Island Cross Country Ski Club. (They might be raising the rate slightly this year but won't decide until sometime in November. It won't be much however.)

**Cancellation Deadline:** 72 hours (2pm Tuesday, February 13, 2018). If cancelled before then you will get a full refund. If after that time, you will lose one night's cost plus tax taken from the credit card on file.

Questions: Contact Andy Suntup at vermonster77@comcast.net or 802-857-5383

#### Crafttsbury, Vt - 2018

Dates: Monday, February 26th - Saturday, March 3

Dates: 26 Feb - 3 Mar 2017 6 days, 5 nights, 5 breakfasts, 4 lunches, 5 dinners

**Location**: Craftsbury, Vermont Craftsbury Outdoor Center . stay@craftsbury.com 535 Lost Nation Rd . Craftsbury Common, VT 05827 . 802.586.7767 tel

**Description:** The Craftsbury Outdoor Center is one of the pre-eminent nordic ski centers in Vermont. The snow generally falls early and remains late because we sit high in the hills of Vermont's snow belt. In 2011, we added the capacity to augment our natural snow fall with man-made snow, smoothing some of the bumps and thaws in a New England winter. Whether you are a seasoned veteran or a first-time skier, our outstanding ski instructors teach the techniques to help you progress in your skiing. Explore over 105 kilometers of expertly groomed and tracked ski trails and an extensive snowshoe trail network - all right outside the door of your trailside lodging. In between your outdoor instruction and academic pursuits, gather with your fellow participants around the tables of our Vermont Fresh Network certified dining hall. The food is abundant, healthy and delicious, with lots of local produce forming the staples of your diet. You'll be well-fueled for all your adventures!

### **Accommodations**

Our clean, simple lodges and homey, all-you-can-eat meals (always with a vegetarian option available) will make you feel at home. Our community lounge, kitchen, fitness room, sauna and <u>massage therapist</u> are just a few of the amenities that will leave you feeling relaxed and comfortable. Most of our accommodations are dormitory style, however, you can upgrade to a private bath, suite or cabin if desired.

# Registration

All registration for Craftsbury's Road Scholar programming occurs through Road Scholar itself. They can be reached

www.craftsbury.com/general/roadscholar/road-scholar-schedule\
Cost: \$799. double occupancy.

Questions: smcvetty@aol.com

### **Local Day and weekend Ski Trip Information**

Additionally there will be will be weekend trips to Lapland Lake, Garnet Hill and day trips to Fahnstock State Park and local quick response group skiing at Bethpage Golf Course, Caumsett State Park, Muttontown Preserve, Brookhaven Park, Caleb Smith State Park and other locations. Members are encouraged to post and coordinate these XC ski opportunities on the club google groups forum <a href="https://groups.google.com/forum/#!forum/liccsc">https://groups.google.com/forum/#!forum/liccsc</a> when snow conditions are favorable.

Fahnestock Winter Park Carmel, NY\* Leader: Ken Wong

http://www.nysparks.com/parks/147/details.aspx

https://docs.google.com/document/ d/1nGJVc2TSM1Uai4COTxmM2QOCqisodVRMDs3AO0Q2kI0/edit

Lapland Lake Bensen, NY\* Leader: Ken Wong

http://www.laplandlake.com/cross country ski .htm

https://docs.google.com/document/d/1FAZXh4MO9Sla4dYdLoW3d-CYZOIXAxm4aXjbznJD6Mo/edit

# **Message from Membership Chair**

All memberships in the Long Island Cross Country Ski Club (LICCSC) are due for renewal on November 1 each year. Please note that our dues were raised by \$5 this year (\$20/person and \$25/Family). If you do not renew by the December 31, 2016 you will stop receiving our <a href="https://example.com">Happy Trails</a> newsletter, you will lose access to the club Google Group (<a href="https://example.com">LICCSC@googlgroups.com</a>) and will lose all your member benefits. Please renew today by filling out the attached membership form in this newsletter or by going to the club website at <a href="https://example.com">www.LICCSC.org</a> and clicking on "Join/Renew Membership" to fill out and print the membership form.

Kim Schultze

### **XC Ski Recycling Program**

We are trying to offer more ways for new members to get access to XC ski equipment. Because of our unpredictable snow on Long Island it is very difficult to find a store that sells or rents cross country ski equipotent.

All our used skis, boot, poles are for sale at attractive prices. Skis: \$25, Poles: \$5, Boots: \$15. Buy a complete set for \$40. All equipment will be available at the December meeting,

### Long Island Cross Country Ski Club Membership Form

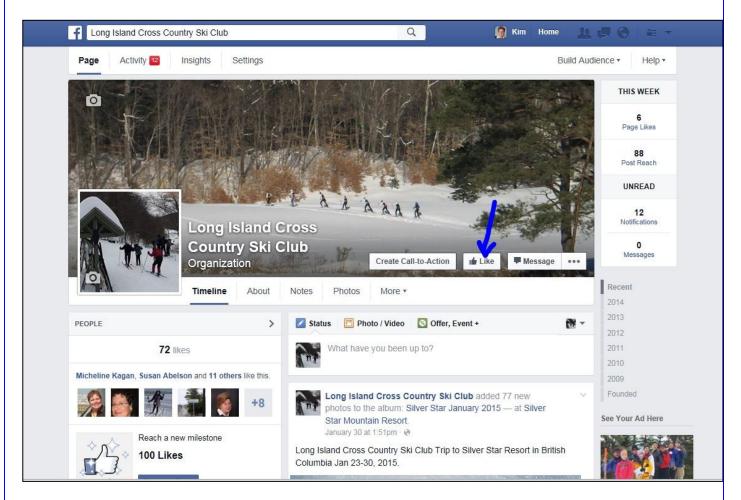
Indicate:	New Member	Members	hip Renewal	Updated Conta	act Information
Membership	Type: Individual (\$	20) Family (	25)	Date:	
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Street:		City:		State:	Zip:
Phone: Home	e	Work	Cell		_
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		Partn	er Contact Info		
Member Nam	ne 2:		E-mail:		
Phone: Work		Cell			
Signature:			_		

Membership is valid from November 1 - October 31 each year. Membership includes your on-line subscription to the ski club's newsletter, HAPPY TRAILS, inclusion in the club's Google group: <a href="mailto:LICCSC@qooglegroups.com"><u>LICCSC@qooglegroups.com</u></a> and participation in all club trips and events! HAPPY TRAILS is <a href="mailto:sent-out-via-email-only"><u>sent-out-via-email-only</u></a> so please provide a valid email address above and make sure to <a href="mailto:PRINT-CL FARI-Y"><u>PRINT-CL FARI-Y</u></a>.

<u>Make checks payable to</u>: Long Island Cross Country Ski Club Bring completed application and your check to any club meeting or mail to the membership chairperson: Kim Schultze, 37 Lone Oak Drive, Centerport, NY 11721

# Did You Know Our Club Has a Facebook Page? by Kim Schultze

I want to make sure everyone knows that the LI XC Ski Club has a Facebook Page. Many people go there to post questions and update photos. For example, I posted all the Silver Star photos there from our recent club trip. To access the club Facebook page you will need a personal Facebook account. To get to the club's Facebook page either type the following link on any web browser: www.Facebook.com/LICCSC, or log onto Facebook and type "Long Island Cross Country Ski Club" in the search box on the top of Facebook. Once you are on the club's Facebook page click on the "LIKE" button and you will get updates from this Facebook page on your Facebook home page.



One difference is you do not have to be a club member to "LIKE" our Facebook page. You can post questions on the Facebook page to ask if anyone is doing any local skiing – the same way you can on the club forum. However, instead of doing it with an email you do it on Facebook with a "POST" to the page. Anyone who has "LIKEed" the club's page will see all the posts on their Facebook home page automatically. Take a look – it is very nice! Also, do not forget to visit our **club website: www.LICCSC.org**.

# Long Island Cross Country Ski Club

# **Key Contacts**

Executive (	Committee

President	Kim Schultze	631-897-1001	kim.schultze@cbmoves.com
Vice President	Linda Ilan	516-935-1268	ljilan@msn.com
Treasurer	Haakon Jakhelln	631-261-0904	haakonogjudi@hotmail.com
Secretary	Suzanne McVetty	516-650-2386	smcvetty@aol.com
Past President	John Bennett	631-475-6539	sailoars@optonline.net
Member at Large	Kenneth Wong	718-539-3966	bicyclistken@yahoo.com
Member at Large	Ronnie Levy	631-455-4251	nurserbl@hotmail.com.
Member at Large	Vladmir Drozdoff	631-805-5932	drozdofv@yahoo.com
=========	===========	=========	=======================================
Hospitality	Roanne Kulakoff	347-867-5607	rkulakoff@gmail.com
	Linda Ilan	516-935-1268	ljilan@msn.com
Membership	Kim Schultze	631-897-1001	kim.schultze@cbmoves.com
Newsletter	Kenneth Wong	718-539-3966	bicyclistken@yahoo.com
Webmaster	Open		